

## How to use this toolkit

1 of 2

The following is an overview of the three main toolkit components:

Part 1.1 Pandemic H1N1 for CERTs PPT

Part 1.2 *Why Don't We Do It in Our Sleeves?*® DVD

Part 2 Interactive exercise PPT

### Part 1.1 - Pandemic Influenza: Preparedness and Response for CERTs – PPT

This PowerPoint is composed of three main sections:

**Section 1 – Pandemic Influenza 101:** It is designed to give class participants an overview of the different types of influenza viruses and their symptoms. Included in this section is also information about:

- |                         |                      |                                    |
|-------------------------|----------------------|------------------------------------|
| • Antiviral medications | • Influenza vaccines | • Non-pharmaceutical interventions |
|-------------------------|----------------------|------------------------------------|

### Section 2 – Preparedness and Response for CERTs

Guidance provided how to prepare your household for a pandemic, how to care for sick persons at home, and how to keep your house germ-free. It also focuses on the various roles that CERT volunteers can play during a severe pandemic.

### Section 3 - Personal protective equipment (PPE) for CERTs

The last section of the PowerPoint teaches CERT participants how to use and remove personal protective equipment (PPE). There is information provided how CERTs can protect themselves from contacting the virus when working with individuals who may possibly be infected. It also lists additional infectious control precautions for CERT volunteers.

### Part 1.2 - *Why Don't We Do It in Our Sleeves?*® DVD, ORL Productions

Proper respiratory etiquette can prevent countless people from getting sick each year. Most adults were taught to cough and sneeze into their hands, but this behavior spreads germs from hands to doorknobs, telephones and other people. This five minute DVD video is a tool to teach everyone to cover their coughs with their clothes, not their hands and help prevent the spread of influenza viruses such as seasonal, H1N1 and avian flu.

The Deluxe Edition III DVD included in this toolkit features English, Spanish, French, Mandarin and American Sign Language.

## How to use this toolkit (continued)

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### Part 2: Interactive Exercise PowerPoint

The interactive exercise is provided to help class participants experience the challenges of a simulated pandemic situation as it unfolds. Participants are given discussion questions to help think through critical issues facing the community during a pandemic influenza outbreak. Through this exercise, participants will understand the importance of planning for a pandemic influenza. The exercise is led by the CERT trainer who presents with the scenario to participants. The CERT trainer is also aided by notes that are included in the PowerPoint. Participants are given 30 minutes to complete the three sections of the exercise.